

Good morning, Gateway! Today is Wednesday, February 1, 2023.

_____ Your heart is not going to start itself! Bystanders who see someone having cardiac arrest only perform CPR 46% of the time. Immediate CPR can double or triple a person's chance of survival. Join the American Heart Challenge fundraiser on Feb 28 in your first period class.

_____ Fandom Club meets today after school in the Commons. Sign up for the Activity Bus on the list in the Commons during lunch.

_____ Cooking Club meets online today. Pick up an application from the kiosk if you would like to join the club.

_____ Calling all existing AV club members! You are invited to an AV celebration on Thursday, February, 2nd. We will be having treats, watching movies/old videos, and playing games! If you are a current AV member, an email with details on the celebration was sent last night.

_____ If you signed up for Wrestling, you may have received an email from FinalForms that requires your attention. You must address these issues to be eligible for wrestling on February 14 when practice starts.

_____ If you need to ride the 4 PM Activity Bus, sign up on the list in the Commons during lunch. Remember to include your full name, the activity for which you are staying, and your bus number. Your bus pass will be delivered to the Advisor of your club or activity.

_____ Today is the last day to get your Ducky Candygrams at lunch. **After** eating lunch and being dismissed please line up **nicely** to buy your Candygram. Remember to have the full name and first period teacher of the person you want to send it to!

And remember, Gateway, to GUARD your character!